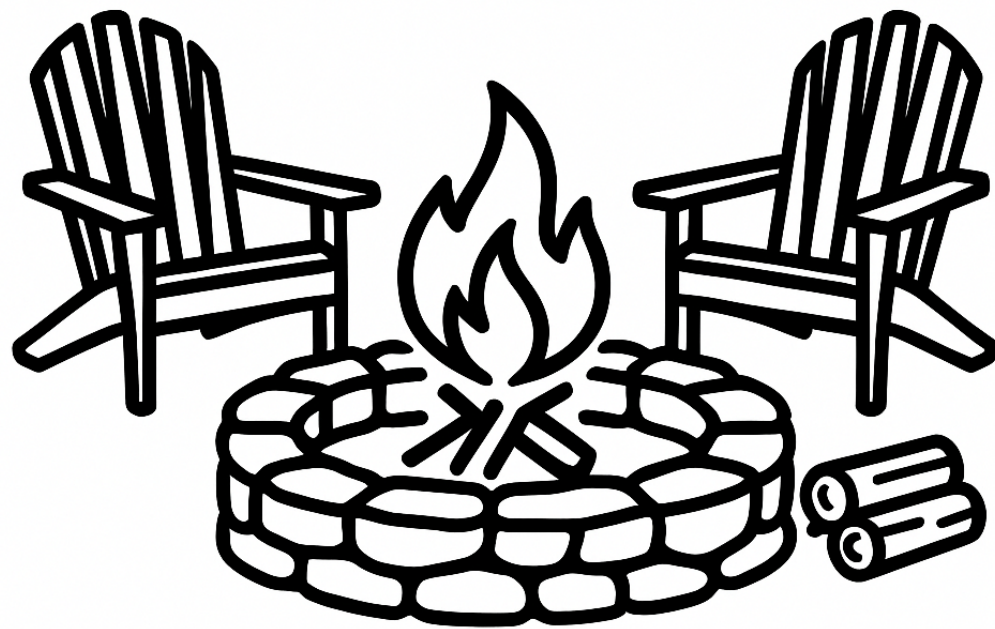


Firelight & Faith: Catholic Masculinity

1. Opening Prayer

Heavenly Father, You are great, You are almighty.
Thank You for giving us the desire and the heart to be here.
May You be here to guide our conversation and allow us be open to You.
May we recognize the the life of Jesus and model our lives like Him.
May we recognize each others' lives to help support our growth,
to be here for one another and to have confidence in our fraternity.
Come Holy Spirit, fill our hearts and minds in this time.
Amen



Action Item: Refrain from Complaining

Complaining is one of the greatest obstacles to carrying our crosses and trusting in the Lord. It shows a disposition of slaves instead of free sons of God. This week, let's practice embracing our crosses with trust and hope instead of complaining exteriorly or interiorly. May this practice open us up to be transformed in his likeness!

2. 1 Timothy 4:12

Let no one have contempt for your youth, but set an example for those who believe, in speech, conduct, love, faith, and purity.

Lectio Divina (Simple, 4-Step Format):

- Read the verse slowly and clearly.
- Reflect: Listen for a word or phrase that stands out.
- Respond: What stood out and why.
- Rest: Sit quietly for a moment— think about how this applies to your life.

3. Discussion

- What do you think it means to be a strong man—not just physically, but spiritually?
- What does it mean to you to be a “man of faith”?
- When do you feel closest to God?
- What do you hope your faith looks like when you’re older?
- How can we (your fathers/mentors) support you better in your faith?

4. Father-Son Prayer & Blessing

- Each father can take a moment to pray & offer a blessing over his son.

